

LIVING WELL IN NEWARK AND SHERWOOD



We have created this booklet containing advice and support available in our district.

Inside you will find information on:

- Food Banks and emergency food provision
- Food Hubs and Social Supermarkets
- Warm spaces and coffee mornings
- Social eating
- Financial support
- Council Tax support
- Careline Service



FOOD BANKS AND EMERGENCY FOOD PROVISION

If you are in need of emergency food provision, you can contact the below organisations.

Food Aid Blidworth, Passion Church, Main Street, NG21 0PX

Monday and Tuesday, 9am – 4pm

Thursday, 2pm – 4pm

Friday, 9am – 11am

Contact: 07907 664865 to arrange a collection or delivery

Ollerton Community Action Response

Emergency food parcels available

Contact: 07754 536530

Edwinstowe Food Club

Emergency food parcels available

Contact: 07480 953356 -

Whatsapp or call anytime

Newark Food and Wellbeing Hub

Emergency food parcels available

Contact: 07966 181850

Clipstone Food Hub

Emergency food parcels available

Monday – Friday, 9am – 4pm

Contact: 07740 161874

Collingham Food Pantry

Emergency food parcels available

Contact via Facebook or leave a message on 07974 982435

Newark and Tuxford Food Bank and Market

Food Bank open: Tuesday, 3pm – 5pm and Friday, 1pm – 3pm

Market open: Monday, 3pm – 5pm

and Thursday, 1pm – 3pm

Contact: 07307 695310

Access via referral only. Referrals can be made by schools, the District Council employees, charities including Age Concern, housing support services, doctors, and medical professionals as well as local churches.

Bilsthorpe Emergency Team.

Emergency food parcels available.

Contact: 07377541260



FOOD HUBS AND SOCIAL SUPERMARKETS

These places offer affordable groceries to those who may need them.

Monday

The Social Supermarket

Rainworth Social Action Hub, 2 Sherwood Parade, Kirklington Road, NG21 0JP.

10am - 2pm

£1 membership and then £4.50 per visit

Contact: 01623 490498

The Bread and Butter Thing

Cleveland Square Community Centre, Newark

1.30pm - 2.30pm

To join, message 07507237311 with your name, postcode and the name of the hub "Cleveland Square"

£8.50 per week for three bags - one ambient, one chilled and one fruit and veg

Tuesday

Youth Community Fridge

Rainworth Social Action Hub, Kirklington Road, Rainworth, NG21 0JR

5.30pm – 7pm

Contact: 01636 490498

Wednesday

Clipstone Food Hub

The Circle Community Centre, Clipstone, NG21 9EF

1pm

£1 membership and then £4 for a weekly box

Contact Faye: 07740 161874

The Social Supermarket

Rainworth Social Action Hub, 2 Sherwood Parade, Kirklington Road, NG21 0JP

12pm – 3pm and 4pm – 7pm

£1 membership and then £4.50 per visit

Contact: 01623 490498

Youth Community Fridge

Rainworth Social Action Hub, Kirklington

Road, Rainworth, NG21 0JR.

4.30pm - 6.30pm

Contact: 01636 490498.



Thursday

The Social Supermarket

Rainworth Social Action Hub, 2 Sherwood Parade, Kirklington Road, NG21 0JP.

10am – 2pm

£1 membership and £4.50 per box

Contact: 01623 490498

Newark Food and Wellbeing Hub

Beaumont Walk Community Centre, Newark, NG24 2DD

1pm – 3pm

£1 membership and then £4 for a weekly bag

Contact: 07966 181850

Bilsthorpe Food Hub

The Green Community Centre, Bilsthorpe, NG22 8QQ

1pm – 2.30pm

£1 membership and then £4 for a weekly box

Contact: 07707 575942

Lifespring Let's All Eat Pantry

Lifespring Church, Ollerton

1pm – 3pm

£1 membership and £4.50 for a weekly box

Contact: 07549 925299

Edwinstowe Food Hub

Abbey Road Community Centre, Edwinstowe

2 - 4pm

No membership fee, £3.50 for a weekly box

Contact: 07480 953356

Bilsthorpe Emergency Team

The Green Community Centre, Bilsthorpe, NG22 8QQ

Contact: 07377541260

Friday

Southwell Food Hub

Kings Court Community Centre, Southwell, NG25 0EL

Alternate Fridays from 3 - 6pm.

Membership £1 a year. Bags £4 each week.

Contact southwellfoodhub@outlook.com or 07354319897 to reserve a bag.



WARM SPACES, COFFEE MORNINGS

Warm Spaces and Coffee Mornings are friendly and welcoming areas in the local community where you can meet new friends and enjoy a cuppa for free.

Each warm space is unique and offers different kinds of support and activities.

Newark area:

Monday

Cleveland Square Community Centre Coffee Morning

Cleveland Square, Newark, NG24 4HL

9am – 11am

Balderton Methodist Church

Main Street, Balderton, NG24 3LQ

9.30am - 11am

Well Green House Community Centre Coffee Morning

The Green, Coddington, Newark, NG24 2PT

From 10.30am

Tuesday

Welcome Space

Charles Street Methodist Church, Newark, NG24 1RN.

8.30am - 12 noon for hot drinks, toasts and cakes.

William Ghent Community Centre Coffee Morning

William Ghent Community Centre, Balderton, NG24 3EB

9am – 11am

Fernwood Village Hall

Ruby's Avenue, Fernwood, NG24 3RS.

10am – 12pm

Places of Welcome

Newark Library, Beaumont Gardens, Balderton Gate, Newark, NG24 1UW

10am – 11am

Winthorpe Community Cuppa

Winthorpe Village Hall, 68 Gainsborough Road, Winthorpe

2pm – 4pm

A Crafty Cuppa

St Giles Community Hall, Main Street, Balderton

Second Tuesday of the month

2pm – 4pm

Wednesday

Hope Community Methodist Church

10am - 12.30pm for drinks and biscuits

Beaumont Walk Afternoon Tea

Small monthly fee. All welcome.

Third Wednesday of the month from 3pm - 5pm.

Thursday

St Giles Balderton Community Café

Main Street, Balderton,
Newark, NG24 3LL

2pm – 4pm

Friday

Newark Salvation Army

20 Mead Way, Newark NG24 3GA

£2 entry

10am - 12pm

*Free if you can't afford it

DD's Soup

Beaumont Walk Community Centre.

£1 per visit. Over the summer months this will serve afternoon tea instead.

2nd Friday of every month 11.30-1.30pm

Saturday

Ossington Village Hall

Main Street, Ossington, NG23 6LJ

Fourth Saturday of every month

11am – 1pm



WARM SPACES, COFFEE MORNINGS AND PLACES OF WELCOME

Southwell area:

Monday

Coghill Court Community Centre Coffee Morning

Westgate, Southwell, NG25 0LH

10am – 12.30pm

Renew Wellbeing

Southwell Baptist Church, Nottingham Road, Southwell, NG25 0LG

1pm – 3pm

Tuesday

Places of Welcome Coffee Morning

Southwell Library, King Street, Southwell, NG25 0EH

10.30am – 11.30am

Wednesday

Holy Trinity Church Coffee Morning

Westgate, Southwell NG25 0LD

From 10.30am

Oxton Village Hall Coffee Morning

Main Street, Oxton, Southwell, NG25 0SA

Fourth Wednesday of the month,
10am – 11.30am

Donations are asked to go towards the cost of the food.



WARM SPACES, COFFEE MORNINGS AND PLACES OF WELCOME

Southwell area:

Thursday

Kings Court Community Centre Coffee Morning

Every 4th Thursday of the month
10am - 12noon

Friday

Craft and Chatter

Southwell Baptist Church, Nottingham
Road, Southwell, NG25 0LG
First and third Fridays of the month
11am – 12pm

Saturday

Ukraine Coffee Morning

Kings Court Community Centre, King Street,
Southwell, NG25 0EL
3rd Saturday of the month
10.30am - 11.30am



Sherwood area:

Monday

Farnsfield Methodist Church

Chapel Lane, Newark, NG22 8JL

Alternate Mondays

2pm – 4pm

Tuesday

The Green Community Centre Coffee Morning

The Green, Bilsthorpe,
NG22 8QQ

9.45am – 12pm

The Boughton Community Hub

34 Manvers View, Boughton,
NG22 9HJ

From 10am

Wednesday

Rolleston Village Hall Coffee Morning

Staythorpe Road,
Rolleston, NG23 5SG

10.30am – 12pm

Thoresby Road Community Centre

Rainworth, NG21 0DZ

10am - 11.30am

Rookwood Community Centre

Blidworth, NG21 0PJ

10am – 12.30pm

Eastfield Close Coffee morning

Clipstone, Mansfield, NG21
9AZ

9.30am – 12pm

Farnsfield Library Coffee Morning

New Hill, Farnsfield, Newark
NG22 8JN

Alternate Wednesdays from 10.30am

Thursday

Social Action Hub Chatty Café and Warm Space

Sherwood Parade, Kirklington Road, NG21 0JP.

10am – 12pm

Friday

Gunthorpe Village Hall

Dauids Lane, Gunthorpe,
NG14 7EW

Light refreshments and chat with
friends

9.30am – 12.30pm

Bleasby Village Hall Friendship Coffee Morning

Gypsy Lane, Bleasby, NG14 7GG

Last Friday of every month

10am – 12pm

Rookwood Community Centre

Blidworth, NG21 0PJ

10am – 12.30pm



Saturday

Egmanton Village Hall Coffee Morning

Tuxford Road, Egmanton,
NG22 0HA

Second Saturday of every month

10am – 12pm

Laxton Village Hall Coffee Morning

High Street, Laxton,
NG22 0NX

Third Saturday of every month

10.30am – 12.30pm

Farnsfield Methodist Church Coffee Morning

Chapel Lane, Newark, NG22 8JL

Last Saturday of the month

9.30am - 11.30am

SOCIAL EATING

Eating together with others can have a positive impact on our physical and emotional wellbeing. For many of us the last few years has led us to feeling isolated and missing the company of others. Across the district we have several opportunities to eat with others. This is a great chance to meet other people, make friends and have an affordable hot meal.

Monday

**Laxton Village Hall, High Street, Laxton,
NG22 0NX**

First Monday of every month

11am – 2pm

Contact: David at d.sheard321@btinternet.com

Tuesday

GEM Phoenix Hall, Collingham, NG23 7RA

Alternate Tuesdays

10am – 1pm

£3 donation

Please book by contacting
gem@collingham-notts.org.uk

**Lifespring, Ollerton, Sherwood Drive,
New Ollerton, NG22 9PP**

Two course meal

4.30pm – 7pm

Free, no booking required

Contact: 01623 860303

**YMCA Newark and Sherwood Community
Activity Village, Lord Hawke Way, NG24 4FH**

Noon onwards

Meet and eat – hot meal and drinks

£6 per person

Contact: 01636 233125

Wednesday

Beaumont Walk Afternoon tea

Beaumont Walk Community Centre, Newark,
NG24 2DD

3rd Wednesday of the month
3pm - 5pm.

Booking is essential. Contact
07966 181850



GEM South Scarle Community Centre, Main Street, NG23 7JX

Alternate Wednesdays

10am – 1pm

£3 donation

Please book by contacting
gem@collingham-notts.org.uk

Clipstone Miners Welfare Warm Hub Club

11am - 1pm

Rolleston Village Hall, Greenaway, Rolleston, NG23 5SG

First Wednesday of every month

Noon onwards

£3 per person

Contact: 07779 561934

Friday

Beaumont Walk Community Centre

Last Friday of the month

10am – 2pm

£4 per person

Please book by contacting 07966 181850

Newark Salvation Army

First Friday of the month

10am – 2pm

£2 entry, £5 per person for two course meal

*Free for those who can not afford the above prices

BEST YEARS HUBS



info@yourcvsnotts.org
01636 679539



Discover Community, Connection and Fun with Best Years

Are you over 65 and looking for a warm, friendly community to be part of? Best Years offers a welcoming space where you can enjoy companionship, engaging activities and plenty of tea and biscuits.

Across Newark and Sherwood, our hubs and friendship groups meet regularly to bring people together. Each week, members enjoy a wide range of activities – from chair-based exercise and music sessions to quizzes, games and day trips. We also host visiting speakers, offer health checks, and provide guidance on benefits or signpost you to organisations that can offer additional support.

Whether you want to make new friends, stay active, or simply enjoy a cheerful social atmosphere, Best Years is here to help you make the most of every day.

MON

Blidworth Best Years Hub with Blidworth on the Move

12 noon – 3pm | Monthly
Blidworth Miners Welfare, Mansfield Rd, Blidworth, NG21 0LR

TUES

Broadleaves Best Years Hub

1:30pm – 3:30pm | Monthly
Broadleaves, Bishops Way, Boughton, NG22 9QD

Southwell Best Years Hub

1:30pm – 3:30pm | Weekly
Our Lady of Victories Church Hall, Halam Rd, Southwell, NG25 0AD

WED

Farndon Best Years Hub

10:15am – 12:15pm | Weekly
Farndon Village Memorial Hall, Marsh Ln, Farndon, NG24 3SZ

Hawtonville Best Years Hub

10:30am – 12:30pm | Weekly
Cleveland Sq Community Centre, Hawtonville, Newark, NG24 4HL

Collingham Best Years Hub

1:30pm – 3:30pm | Weekly
William Bailey Hse, Windsor Cl, Collingham, NG23 7PS

THU

Clipstone Best Years Hub and Butterfly Friendship Group

11am – 1pm | Weekly
Clipstone Village Hall, 90 Church Rd, Clipstone, NG21 9DL

FRI

Gladstone House Best Years Hub

10am – 12 noon | Weekly
Lord Hawke Way, Newark, NG24 4FH

Farnsfield Best Years Hub with Farnsfield Friendship Group

2pm – 4pm | Fortnightly
Farnsfield Methodist Chapel, Chapel Ln, Farnsfield, NG22 8JP



Funded by
UK Government

Your CVS | Cotgrave 0115 969 9060 | Edwinstowe 01636 679539

Cotgrave Office: The Cotgrave Hub, Rivermead, Cotgrave, Notts, NG12 3UQ

Edwinstowe Office: High Street, Edwinstowe, Notts, NG21 9PR

Charity Number: 1212646

FINANCIAL SUPPORT

If you are worried about paying bills and need some help, please get in touch with us at Newark and Sherwood District Council as soon as possible so we can try to help you. We can signpost you to local and national agencies that provide free, impartial advice.

We can also provide information on how you can claim any benefits you are eligible for so that you get any financial support you're entitled to.

You can contact us at:

- **01636 650 000**
- **customerservices@newark-sherwooddc.gov.uk**

Or in-person at:

Castle House

Great North Road, Newark, Nottinghamshire, NG24 1BY
Monday to Friday
9am to 5pm

Ollerton Advice Office

Sycamore Road, New Ollerton, Newark, Nottinghamshire, NG22 9PS
Monday to Friday
9am to 12.30pm and 1.30pm to 4.30pm



More information is available on our website at www.newark-sherwooddc.gov.uk/financialadvice or by scanning the QR code!

COUNCIL TAX SUPPORT

Council Tax support can help you pay your Council Tax if you're on a low income. You can apply for support whether you rent, own your home or live rent-free. Additionally, you can qualify for support regardless of your employment status.

More information including what discounts and exemptions are available and how to apply visit our website at
www.newark-sherwooddc.gov.uk/counciltaxsupport

You can also ring **01636 650 000** or email
customerservices@newark-sherwooddc.gov.uk

CARELINE 24/7

Also known as a lifeline service, Careline can support you to live independently in your home, knowing there is always someone there to answer your call and provide peace of mind for you and your family and friends.

It can be used to raise an alarm call from anywhere in your home. Simply press your Careline pendant, or the large red button on the main unit to call for assistance.

Careline is monitored by our locally based, trained, and professional staff 24 hours a day, 365 days of the year. If you need urgent assistance or are worried, we're just a push of the button away and we will get you the assistance that you need.

More information is available on the District Council website at: www.newark-sherwooddc.gov.uk/careline

USEFUL CONTACT INFORMATION

Newark and Sherwood District Council: **01636 650000**

National Help Lines

NHS: **111**

Shout Text: **8525**

Samaritans: **116 123**

Silver Line: **0800 470 8090**

Childline: **0800 1111**

Local help and support

Notts and Lincs Credit Union: **www.nottsandlincscu.co.uk 0330 004 0842**

Citizens Advice Sherwood & Newark local advice line: **01623 861769** and national advice line: **0800 144 8848**

Newark & Sherwood CVS: **01636 679539**

Home-Start Newark: **01636 705011**

Furniture Project: **01623 836410**

CASY: **01636 704620**

The Children's Bereavement Centre: **01636 551739**

Framework: **0115 850 4015**

Notts County Council Golden Number: **0300 500 8080**

Notts Help Yourself: **www.nottshelpyourself.org.uk**

Domestic Abuse support services

Notts Women's Aid: **01909 533610** (9am -5pm)

National Domestic Abuse Help Line (24hrs): **0808 2000 247**

Equation: **0115 960 5556**

Men's Advice Line: **0808 801 0327**

Regional Mental Health Support

Nottinghamshire MIND: **0800 470 0203**

Crisis Sanctuaries: **0330 822 4100** (4pm – 11pm)

NHS Talking Therapies: **0333 288 2060**

Nottinghamshire MH crisis line: **0808 196 3779**

Text Notts: text the word NOTTS to **85258**

Employment support

Department of Work and Pensions: **www.gov.uk**

Job Centre Plus: **0800 169 0190**

ARE YOU WORRIED ABOUT?

DEBTS?

BENEFITS?

BUDGETING?

HOUSING & ENERGY?

WORK & EMPLOYMENT?

RELATIONSHIPS & FAMILY?



Central
Nottinghamshire

We offer free, confidential, impartial
and non-judgemental advice

Regular Drop-in Services
information overleaf

Tel: 0300 561 0330 | **Email:** advice@ca-centralnotts.org.uk

Website: www.ca-centralnotts.org.uk



**citizens
advice**

**Central
Nottinghamshire**

Drop-in Services (no appointment required)

Alexander Lodge

Quibells Lane, Newark, NG24 2AL - 1st Tuesday of the month 1.00 pm - 4.00 pm

Bilsthorpe Library

1 The Crescent, Bilsthorpe, NG22 8QX
1st and 3rd Wednesdays of the month 9.30 am - 12.30 pm

Blidworth Library

3 New Lane, Blidworth, NG21 0PW
1st Working Monday of the month 9.30 am - 12.30 pm

Boughton Community Hub

34 Manvers View, Boughton, NG22 9HJ - Thursday 9.00 am - 11.00 am

Clipstone Village Hall

90 Church Road, Clipstone, NG21 9DL - Tuesday 9.15 am - 12 noon

Collingham Rural Advice Centre

67 High Street, Collingham, NG23 7LB - Tuesday 9.30 am - 12.30 pm
Bookable appointments available in the afternoon

Newark (Castle House)

Great North Road, Newark, NG24 1BY - Tuesday & Thursday 9.30 am - 12.30 pm
Bookable appointments available in the afternoon

Newark & Sherwood Family Hub

(formerly known as Hawtonville Children's Centre)
168 Bowbridge Road, NG24 4EG - Wednesday 1.30 pm - 4.30 pm
Bookable appointments available on Thursday mornings

Newark & Tuxford Trussell Trust Foodbank

Community Support, 21 Carter Gate, Newark, NG24 1UA
Bookable appointments available on Tuesday, Thursday & Friday

Ollerton (main office)

5 Forest Court, New Ollerton, NG22 9PL - Monday & Wednesday 9.30 am - 2.30 pm

Rainworth - Sherwood West Family Hub

Rainworth Water Road, Rainworth, NG21 0DU
1st Working Monday of the month 1.30 pm - 4.00 pm

Southwell Library

The Bramley Centre, King Street, Southwell, NG25 0EH
4th Thursday of the month 9.30 am - 12.30 pm

Sutton on Trent Library

Methodist Church Hall, High Street, Sutton on Trent, NG23 6QA
2nd Tuesday of the month 1.30 pm - 4.30 pm



**NEWARK &
SHERWOOD**
DISTRICT COUNCIL

(All content was correct at the time of print January 2026)

